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It's True! It's True!



Synopsis

Kurt Angle's life has been an epic journey. Growing up in a large family in Pennsylvania, Angle followed in the footsteps of his four older brothers when he decided to pursue wrestling. His discipline and hard work were soon rewarded: He won the Junior National Freestyle Championship and went on to become the Wrestler of the Year at Clarion College. In 1996, with many prestigious wrestling honors to his credit, Angle set his sights on a new goal: an Olympic gold medal. Months of grueling training paid off in the most spectacular way when Angle returned from Atlanta with a gold medal around his neck and renewed determination in his heart. He was just getting started. Angle soon joined the ranks of the World Wrestling Federation and quickly became a main event performer, taunting the crowds with his trademark "three I's": Integrity, Intelligence, and Intensity. These are all qualities that he really possesses, but his character does not always display them in the ring. Through his high-profile matches with some of the biggest names in the business, Angle is now one of the most infamous "heels" in the World Wrestling Federation -- and he loves every minute of it. He has won -- and lost -- the Intercontinental belt and the World title, and he continues to rile crowds and accelerate heart rates every time he steps into the ring. Kurt Angle is living proof that with hard work and determination anyone can fulfill their dreams.

Book Information

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Customer Reviews

Kurt Angle is a World Wrestling Federation Superstar and an Olympic gold medalist. He has appeared on The Tonight Show with Jay Leno, The Conan O'Brien Show, and MTV. He lives in Pennsylvania with his wife.

When Kurt Angle made his debut in the WWF he was portrayed as the character of a sports legend who thought the world owed him a living for his winning gold medals in the Olympics. The real Kurt Angle is nothing like that at all, as we see in this eye opening and inspiring autobiography. Over the course of the book we learn that Kurt did not have the perfect family (losing his father to a fatal accident when Kurt was 16) or even the perfect marriage. Nor, despite the glory he's reaped, has his athletic career been on a perfect note. But he's done well, and he chalks it up to one constant in his life: if you really want something, there is no substitute for hard work. Angle overcame both personal disappointments and serious injuries to dominate his sport of wrestling at the college level and the Olympic level through his mantra of dedication and hard work. Angle is the first American amateur star to turn pro since 1980. Before, it was not unusual for amateur stars to take to the pro ring; such wrestling champions as Mike DiBiase, Dick Hutton, Danny Hodge, the Zebra Kid, Bob Backlund, and Jack Brisco came from the amateur mats. Angle's reasons in joining the WWF, his views of the difference between amateurs and pros and his adjustment to the pro game make for fascinating reading, especially in light of the fact that his signing has caused other amateur stars to take the possibility of a pro career seriously. (Such as NCAA champion Brock Lesnar, who should make his WWF debut shortly.) But Angle's story is not only of interest to adults or wrestling fans. His message and the fact the book lacks the profanity that has become commonplace in these sort of tomes make it perfect reading for any teenager who has dreams of pursuing a career, athletic or otherwise. There is no substitute for hard work.

First off, full disclosure, I am not a fan of professional wrestling. I wrestled in high school and therefore found the beginning of the book where Angle describes his workout regime and olympic competitions very interesting. When Angle began writing about how he donned the costume for his professional wrestling career, he lost me as a reader. Maybe it was because the tenor of the book changed from the story of a man born of determination to that of a pompous, conceited actor. My suggestion is that if you are into wrestling qua sport, then read the first part and skip the second.-Dom

Great book to read. I was even surprised it arrived autographed by Kurt Angle. Arrived exactly how I ordered it!

this book is alright but gets boring i liked learning about his family life but he stays on the gold medal

alot way more than i liked it seems he just starts talking wrestling and the book ends

Kurt Angle is an interesting man and this is an interesting book. I highly recommend it for anyone who was a fan of his.

I was looking for ITS TRUE and was the only place that had it AWESOME AWESOME AWESOME AWESOME AWESOME! COOL!

THIS IS ABOUT THE LIFE AND CAREER OF PRO WRESTLER KURT ANGLE. I FOUND THIS BOOK TO BE BOTH ENTERTAINING AND INTERESTING. HE GIVES A BIT ABOUT HIS CHILDHOOD GROWING UP IN PITTSBURG WHERE HIS FATHER DIED IN A TRAGIC ACCIDENT TO HIS SUCCESS IN WWE. ALONG THE WAY KURT TELLS US OF THIS WRESTLING CAREER IN HIGH SCHOOL, COLLEGE AND OLYMPICS. I FOUND THE HIGHLIGHTS TO BE HIS RELATIONSHIPS WITH HHH, BOSS MCMAHON AND VARIOUS OTHERS WHO HELPED HIM ALONG IN HIS CAREER. I RECOMMEND THIS FOR ALL WRESTLING FANS,NOT A GREAT BOOK BUT GOOD.

Though written merely 2 years following the beginning of his professional wrestling career in the WWE, Kurt Angle already had enough accolades and material to fill a nicely-sized autobiography. Even if this book was pushed by WWE in their rush of publishing biographies following Mick Foley's national success in 2000, this is one that truly stands on it's own two feet and as being worthy of being created so early in Angle's career. And not only because Angle had a stellar amateur wrestling career in high school, college, and at the Olympics (which are all thoroughly covered, and entertainingly so). 3 days following the beginning of his WWE training, he was already having his first match in a professional wrestling ring. That is, simply, UNPRECEDENTED. It took him merely 11 months from his first televised debut to win the WWE Championship. Only a handful of completely new wrestlers, like Brock Lesnar - who debuted 2 years later - reached the pinnacle faster. Angle relays his young life story amazingly well in this book, especially in his relationship with his various family members. Even at such a young age, he showed great awareness and understanding of what it means to be the "bad guy" in professional wrestling. Angle took great pride in being the best heel possible, which involves getting the crowd to boo you each and every night. After 15 years, and following the recent events in his wrestling career, personal struggles, and return to WWE, I can only hope that the world is privileged to one day soon receive the concluding

chapters of Angle's autobiography! Fun Fact: I finished reading this book two days before Kurt was announced as an inductee into the 2017 WWE Hall of Fame class. You might say that was the sweetest aftertaste I've ever had after reading a book!

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